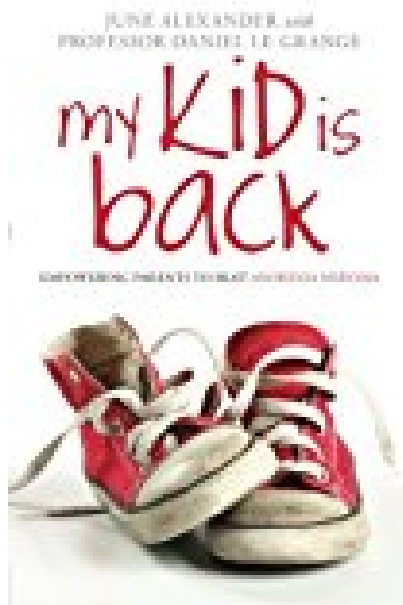


My Kid is Back Empowering Parents to Beat Anorexia Nervosa



BOOK DETAILS

- Author : June Alexander
- Pages : 272 Pages
- Publisher : Routledge
- Language : English
- ISBN : 041558115X

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BOOK SYNOPSIS

When a child develops anorexia nervosa, parents often don't know where to turn for help. *My Kid Is Back* offers hope and encouragement for parents in fighting this eating disorder. Based on the Maudsley Approach, a successful family-based treatment, this book gives parents techniques for taking charge of the illness and helping their child move on with their lives. This is a practical guide that provides a fuller understanding of anorexia nervosa and information about where to go for help. It also features the stories of ten families who describe how they coped and the journeys they have made in beating the illness.

MY KID IS BACK EMPOWERING PARENTS TO BEAT ANOREXIA NERVOSA -

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